

POLICY: 554.41
TITLE: Non-Traumatic Shock

EFFECTIVE: 02/01/2026
REVIEW: 02/2028
SUPERCEDES:

APPROVAL SIGNATURES ON FILE IN EMS OFFICE

PAGE: 1 of 2

NON-TRAUMATIC SHOCK

- I. AUTHORITY
Health and Safety Code, Division 2.5, California Code of Regulations, Title 22, Division 9
- II. PURPOSE
To serve as a patient treatment standard for EMRs, EMTs, and Paramedics within their scope of practice.
- III. PROTOCOL
History may include: GI bleeding, vomiting, diarrhea, allergic reaction, septicemia, antihypertensive medication overdose.

Physical signs may include: collapsed peripheral/neck veins, confusion, cyanosis, disorientation, thready pulse, pale/cold/clammy/mottled skin, rapid respirations, and anxiety. Signs of compensation may be absent in the elderly or patients taking beta-blocker or alpha-blocker medications.

NOTE: a decreased blood pressure is a late sign of shock.

**Provider Key: F = First Responder/EMR E = EMT O = EMT Local Optional SOP
P = Paramedic D = Base Hospital Physician Order Required**

	F	E	O	P	D
ASSESSMENT	X	X	X	X	
PULSE OXIMETRY: apply and monitor.		X	X	X	
CAPNOGRAPHY: apply and monitor.				X	
OXYGEN: if pulse oximetry <94% or signs of hypoperfusion or respiratory distress	X	X	X	X	
ECG MONITOR: lead placement may be delegated. Treat as indicated.				X	
12-LEAD ECG				X	
VASCULAR ACCESS: IV/IO, 2 large bore.				X	
FLUID BOLUS: If patient has a systolic BP < 90, administer 250 mL NS bolus as indicated. Reassess after each bolus. Maximum fluid 2 liters.				X	
POSITION: Trendelenburg position as tolerated. Place on left side if pregnant.	X	X	X	X	
PUSH DOSE EPINEPHRINE: for hypotension – titrate to SBP ≥ 90 <ul style="list-style-type: none"> Mix 1 mL of Epi 1:10,000 (0.1 mg/mL) with 9 mL of NS = concentration of 1:100,000 (0.01 mg/mL) Label syringe “epinephrine 10 mcg/mL” 0.5 – 1 mL (5-10 mcg) IVP every 1-5 minutes 				X	

If SBP does not stabilize ≥ 90 after two doses, consider epinephrine drip. Refer to 554.88 ADULT MEDICATION CHARTS.					
BASE CONTACT: if blood pressure remains hypotensive.					X